

# From the Editor's Desk

---

Dear All,

Greetings from South Asian Federation of Menopause Societies.

Asia has more than half of the world's population. It embraces many different cultures ranging from East Asians in the Far East, to the South Asians in the Indian subcontinent, to the middle eastern cultures in western Asia. Although menopause is a universal phenomenon, but there are considerable variations amongst women regarding the age and manifestation of signs and symptoms. The problems of Asian women are somewhat different from the western world too and need our constant interaction. South Asian Federation of Menopause Societies is a very young society, solely an endeavor of a few like minded people, who have the vision, that the South Asian physicians need to discuss and update themselves with these problems and encourage data collection in this region, which is very limited.

This vision of founder President Late Prof Behram Anklesaria, prompted this young society to bring out a journal dedicated to the South Asian Federation of Menopause Societies, of which right now there are eight member countries namely India, Pakistan, Srilanka, Bangladesh, Nepal, Maldives, Bhutan and Afghanistan.

This journal will provide a platform to all the member countries to publish, all the good work and research which is going on in this part of the globe, and I hope that in the years to come our focus on the perimenopausal and menopausal population of this vibrant part of the world will improve their quality of life .

I would like to wholeheartedly thank all our contributors, sponsors, who rose to the occasion at a very short notice and made this endeavor possible. Looking forward to a lot of inputs from all the member countries. Happy reading to all.

Long live SAFOMS.



Regards

**Editor-in-Chief**

Jaideep Malhotra

e-mail: [jaideepmalhotraagra@gmail.com](mailto:jaideepmalhotraagra@gmail.com)