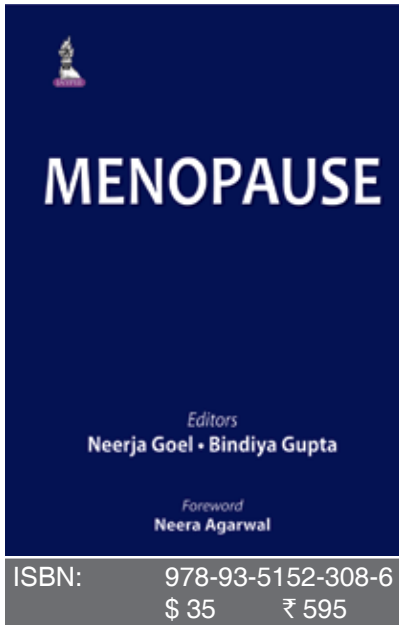


Book Review



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Menopause

'Menopause' book authored by Dr Neerja Goel is well written manuscript on menopause and its associated problems. It is very easy reading book and covers almost all issues related to the perimenopause and menopause. I was very happy to see the section on prescription writing on hormone therapy and follow-up of hormone therapy. The guidelines chapter for hormone therapy will be of great value to the practitioners and as knowledge about all this limited among obstetrics and gynecology practitioners, however, I also feel some emphasis should be laid on lifestyle management and also on premature ovarian failure and pregnancy in postmenopausal age group should be added in the next edition. I can happily say this book will be of great help for all practicing gynecologists and can be a table reference.



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